

## Child Care Health Consultation Lesson Plan

**Contractor Name:** CCHC Program

**Date Submitted:** May 22, 2015

☒ **Children's Health Promotion**

**Adult Training on  
Content Area V:  
Health and Safety**

### Health and Safety Standards

### Training Levels

☐ Promoting Risk Management Practices

☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5

☐ Protecting Children and Youth

**Source:**

Core Competencies for Early  
Childhood and Youth Development  
Professionals  
(Kansas and Missouri), 2011

**Select one  
standard and one  
level**

☒ Promoting Physical Health

☐ Promoting Mental Health

☐ Promoting Healthy Eating

**Title:** Language Development in Early Childhood

**Training Goal:** Child care providers will acquire techniques to aid children in enhancing language development in the child care setting

**Learning Objective(s):** Participants will

- Identify ways to use language that stimulates infant and toddler language development
- Discover characteristics of words that will help them use conversation to increase a child's word knowledge
- Acquire strategies for using talking and reading in the early childhood setting to promote children's vocabulary building

### Topical Outline of Content

### Training Method(s)

### Time (in minutes)

Why language development is so important

Lecture/discussion

10

Language development strategies—the earlier the better

Lecture/discussion

10

Strategies for infants to 2 years

Lecture/discussion  
Demonstration

10

Strategies for young children

Lecture/discussion  
Success stories

10 min

Language development and school readiness/predictor of reading ability

Discussion

10 min

Wrap Up

Discussion/Q & A

10 min

Total time  
1 hour

**Method(s) of Outcome Evaluation:** Verbal responses, return demonstration of activities

### FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY

**Date Approved:**  
May 22, 2015

**Authorized Approval Signature:**



**Date Expires:**  
May, 2018